

February is known as *National Heart Month*.

Our feature for February and March is focused on Chelation Therapy and the benefits of this process for the heart.

Chelation therapy involves the administration of EDTA intravenously to reverse the effects of arteriosclerosis, also known as “hardening of the arteries”. Chelation is also effective in drawing out toxins and metabolic waste from the bloodstream. Scheduled sessions of Chelation is a proactive measure and alternative approach to bypass surgery and angioplasty.

Chelation is reportedly safer than many conventional methods. While methods that involve drugs and surgery address the symptoms, Chelation goes directly to the cause and reverses the damaging processes. In a retrospective study involving 19,000 people with peripheral vascular disease, 82.5 percent of those who received chelation therapy showed substantial improvement.

Chelation Therapy has been in use over the past 50 year. EDTA, which is the main component for Chelation, decalcifies the walls of the arteries that had been clogged with arterio/athero-sclerotic plaque and to increase the blood flow throughout the body to all organs. This action is more complex as we have discovered over the past several decades.

Here is a list of some of the benefits of EDTA:

1. EDTA lowers blood calcium and stimulates the parathormone (pituitary glands) to “redirect” calcium deposits to areas such as the bones. This accounts as a mild reclassification of osteoporotic bones.
2. EDTA stimulates the enlargement of small blood vessels, affecting collateral circulation around a blockage, rendering the blockage irrelevant.
3. EDTA controls free radical damage due to lipid peroxidation by serving as a powerful antioxidant.
4. EDTA removes metals such as copper, iron, mercury, lead, etc. that have accumulated with age.
5. EDTA enhances the integrity of cellular and mitochondrial membranes.
6. EDTA helps reestablish prostaglandin hormone balance, which helps keep the balance between contraction and relaxation of arterial walls and between clotting and free flow of blood.
7. EDTA reduces the tendency of platelets to cause coagulation too readily, which can block coronary arteries during a heart attack.

Please feel free to contact our office with any questions you may have in regards to Chelation Therapy and the benefits of this “well-kept” secret.



A Healthy heart leads to a healthy life.